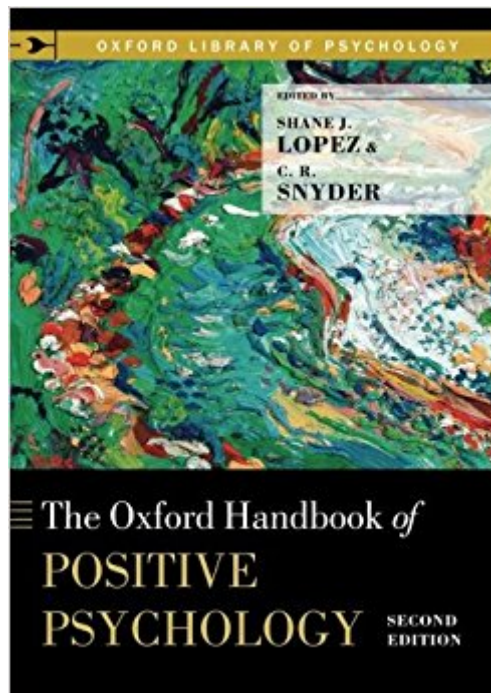




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The Oxford Handbook Of Positive Psychology (Oxford Library Of Psychology)



Synopsis

The Oxford Handbook of Positive Psychology is the seminal reference in the field of positive psychology, which in recent years has transcended academia to capture the imagination of the general public. The handbook provides a roadmap for the psychology needed by the majority of the population -- those who don't need treatment but want to achieve the lives to which they aspire. These 65 chapters summarize all of the relevant literature in the field. The content's breadth and depth provide an unparalleled cross-disciplinary look at positive psychology from diverse fields and all branches of psychology, including social, clinical, personality, counseling, school, and developmental psychology. Topics include not only happiness but also hope, strengths, positive emotions, life longings, creativity, emotional creativity, courage, and more, plus guidelines for applying what has worked for people across time and cultures.

Book Information

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Customer Reviews

This is an excellent book on a unique approach to psychology. The international authorship helps readers see positive psychology from many different vantage points. * Doody's Notes * Review(s) from previous edition(s)

Shane J. Lopez, Ph.D., is Associate Professor, Department of Psychology and Research in Education, University of Kansas. C.R. Snyder, Ph.D., was Wright Distinguished Professor,

Department of Psychology, University of Kansas.

Good book, arrived in great shape and a good price. Thanks!

As expected

Awesome book ! I totally recommend it. You will learn a lot of good things about psychology.

I have found these entries to be most handy. They are a good length (ranging from 2 pages or so to a bit longer) and have helpful bibliographies at the end. The entries I have read thus far have all been well written and informative. Occasionally these Handbooks can appear to be nice things to have that are never really used, but I have already gotten enough use out of this to consider it a worthwhile purchase.

The book arrived in the time frame and condition that was promised. I will be adopting it as a text book for a course I am teaching in the spring.

This book summarise all the findings of the field. Excellent resource especially for the ones who are studying PP. There are great articles from the pioneers of the field.

I feel that positive psychology has picked me in my path of educational and treatment goals. I love the positive approach and have been able to see the benefits when it comes to treatment.

Everything you could ever want to know about positive psychology wrapped into one book. A great variety of articles ranging in topic and skill level.

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